



Stockbridge Pupil Guide to Our Anti-Bullying and Equalities Policy

2021-2024

Our Values and beliefs

Safe Ready Respectful

What do we mean by bullying?

“Bullying is both behaviour and impact...it is behaviour that can make people feel hurt, threatened, frightened and left out. This happens face to face and online. Bullying behaviour can harm people physically or emotionally and, although the actual behaviour might not be repeated, the threat that it might can last over time” (respectme, 2015)

What are bullying behaviours?

Bullying behaviours can include –

- Name calling, teasing, putting down and threatening.
- Ignoring, leaving out or spreading rumours.
- Hitting, tripping and kicking.
- Taking and damaging belongings.
- Sending an abusive text, email or instant message or posting an abusive message on a social networking site.
- Picking on someone because of their disability, gender (sexism), race, ethnicity or nationality, gender re-assignment, sexual orientation. This is called ‘prejudice based bullying’.
- Targeting someone because of who they are or who they are perceived to be



The UNCRC Article 2 says ‘you have the right to be protected from discrimination’.

Article 12 says ‘The right to a voice. Children have the right to say what they think should happen.’

Article 19 says ‘you have the right to be protected from being hurt in body and mind’.

"You don't have to like me...agree with me...or enjoy the same things I do. But you do have to respect me."
(respectme, 2018).

How can bullying make you feel?

- Helpless
- Frightened
- Confused
- Anxious/worried (possibly not wanting to come to school)
- Threatened

Just because someone doesn't realise how hurtful their behaviour is doesn't mean it's not bullying.

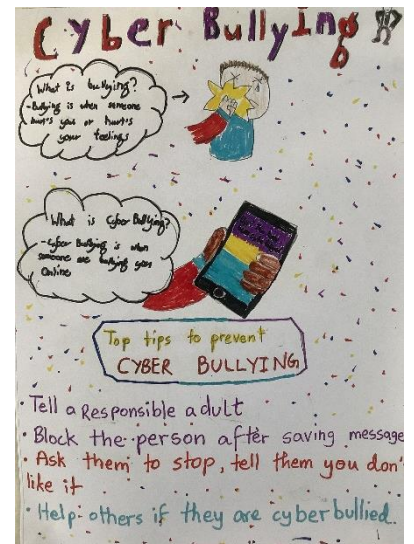


What should I do if I think I'm being bullied or see bullying behaviour?

- You need to tell a trusted adult. This could be a teacher, PSA or an adult at home.
- You could leave a note in your class worry box/notes to a teacher box.

What will happen if I tell someone?

- A staff member will speak to you to find out about how you feel, what happened and who was involved. You have done the right thing.
- They might ask you to write it down.
- They will ask you what you think should happen next and discuss with you how to keep safe.
- They will tell you what will happen next
- A staff member will talk with the pupils involved separately and listen to all versions of events
- They will talk with anyone who may have witnessed the incident
- They will speak to your parents/carers
- If we find bullying has taken place, we will take action to stop it happening (see below).



What actions will be taken to stop the bullying behaviour?

- We will contact the parents/carers of the pupils involved
- We will tell the person displaying the bullying behaviour that it is unacceptable and we expect it to stop.
- If they have displayed prejudice based bullying we will work with them to help them to understand why this is wrong.

- We will ask them to agree that the behaviour will stop and discuss how we will monitor this.
- We will seek an apology and try to help them to understand the harm/hurt they have caused. We call this a restorative discussion.
- We will consider if the child displaying the bullying behaviour needs a consequence outlined in our Positive Relationships Policy.
- We will discuss with you any supports you might need.
- We will discuss with the person displaying the behaviour if they need any further support to help stop them from repeating the behaviour.
- We will keep a record of the incidents and ask you to let us know if you feel it has been resolved.
- We will keep your parents updated.
- We will agree a time that we will check in with you that the bullying behaviour has stopped and will take further action if it has not.

Created by the Stockbridge Pupil Equalities Group, 2023